



## Week 1

Weeks starting  
27th Sept

## Week 2

Weeks starting  
6th Sept, 4th Oct

## Week 3

Weeks starting  
13th Sept, 11th Oct

## Week 4

Weeks starting  
20th Sept, 18th Oct

Monday

Chicken Tikka Masala (GF) with Naan Bread  
Chicken Tikka Masala (GF) with Naan Bread (H)  
Tomato, Pepper and Onion Pastry Slice (V)  
Jacket Potato with Cheese or Tuna (GF)  
Mixed Veg/Steamed Rice  
Peach Melba (GF)

Crispy Chicken Chunks with Sweet & Sour Sauce  
Crispy Chicken Chunks with Sweet & Sour Sauce (H)  
Cheesy Pasta Bake (V)  
Jacket Potato with Cheese or Tuna (GF)  
Sweetcorn/Baked Beans/Steamed Rice  
Fruit Jelly (GF)

Breaded Fish Stars (GF)  
Breaded Fish Stars (H) (GF)  
Quorn Pieces, Tomato Salsa & Taco Shell (V) (GF)  
Jacket Potato with Cheese or Tuna (GF)  
Garden Peas/Mini Corn Cob/Pasta Twists  
Strawberry or Chocolate Mousse (GF)

Tuna Pasta Bake or Chilled Tuna Pasta  
Tuna Pasta Bake or Chilled Tuna Pasta (H)  
Veggie Cottage Pie (V)  
Jacket Potato with Cheese or Tuna (GF)  
Mixed Vegetables/Tortilla Chips  
Artic Roll

Tuesday

Meatballs in a Rich Tomato Sauce  
Veggie Meatballs (H) (V)  
Quorn Burger (V)  
Jacket potato with cheese or tuna (GF)  
Spaghetti/Sweetcorn  
Chocolate Sponge with Chocolate Sauce

Sausage Rolls  
Cheese and Onion Sausage Roll (H)  
Vegetable Nuggets (V)  
Jacket Potato with Cheese or Tuna (GF)  
Mixed Vegetables/Herby Diced Potatoes  
Apple Crumble with Custard

Sausages with Yorkshire Puddings  
Chicken Sausages with Yorkshire puddings (H)  
Cheese Flan (V)  
Jacket Potato with Cheese or Tuna (GF)  
Carrots/Baked Beans/Hash Browns  
Carrot cake with Cream Cheese Topping

Spaghetti Bolognese  
Spaghetti Bolognese (H)  
Tomato and Mozzarella Turnover (V)  
Jacket Potato with Cheese or Tuna (GF)  
Sweetcorn/Spaghetti  
Jam Sponge with Custard

Wednesday

Barbecue Style Chicken Strips (GF)  
Barbecue Style Chicken Strips (H) (GF)  
Creamy Vegetable Kiev (V)  
Jacket Potato with Cheese or Tuna (GF)  
Sliced Green Beans/Buttered New Potatoes  
Banana Crunch

Italian Style Lasagne with Garlic Bread  
Italian Style Lasagne with Garlic Bread (H)  
Vegetable Spring Rolls (V)  
Jacket Potato with Cheese or Tuna (GF)  
Sliced Green Beans/Jacket Potato Wedges  
Strawberry or Mango Cheesecake

Beef Shortcrust Pastry Pie  
Beef Shortcrust Pastry Pie (H)  
Country Vegetable Bake (V)  
Jacket Potato with Cheese or Tuna (GF)  
Mixed Vegetables/Baby Potatoes  
Chocolate Chip Cookie

Chicken Puff Pastry Pie  
Chicken Puff Pastry Pie (H)  
Cauliflower Cheese (V)  
Jacket Potato with Cheese or Tuna (GF)  
Carrot and Swede Mash/Broccoli/Crisscut Potatoes  
Ginger Biscuits

Thursday

Roast Pork with Apple Sauce (GF)  
Roast Lamb with Mint Sauce (H) (GF)  
Stir Fry Noodles (V)  
Jacket Potato with Cheese or Tuna (GF)  
Broccoli/Carrots/Roast Potatoes  
Eton Mess (GF)

Roast Chicken with Sage and Onion Stuffing  
Roast Chicken with Sage and Onion Stuffing (H)  
Cheese and Onion Plait (V)  
Jacket Potato with Cheese or Tuna (GF)  
Carrots/Peas/Roast Potatoes  
Fresh Fruit Salad with Cream (GF)

Chilled Gammon Ham (GF)  
Chilled Sliced Tandoori Chicken (H) (GF)  
Tomato and Basil Pasta Bake (V)  
Jacket Potato with Cheese or Tuna  
Green Salad/Jacket Potato Wedges  
Iced Sponge

Roast Beef with Yorkshire Puddings  
Roast Beef with Yorkshire Puddings (H)  
Quorn Sausage Toad in the Hole (V)  
Jacket Potato with Cheese or Tuna (GF)  
Sautéed Fresh Cabbage/Carrots/Roast Potatoes  
Ring Doughnuts

Friday

Crispy Battered Pollack or Fish Fingers  
Crispy Battered Pollack or Fish Fingers (H)  
Vegetable Samosa (V)  
Jacket Potato with Cheese or Tuna (GF)  
Peas/Baked Beans/French Fries  
Shortbread Fingers

Battered Haddock or Fish Fingers  
Battered Haddock or Fish Fingers (H)  
Tomato, Feta Cheese and Pepper Pittas (V)  
Jacket Potato with Cheese or Tuna (GF)  
Baked Beans/Ratatouille/French Fries  
Banana Bread or Lemon Drizzle cake

Breaded Cod or Fish Fingers  
Breaded Cod or Fish Fingers (H)  
Margherita Pizza (V)  
Jacket Potato with Cheese or Tuna (GF)  
Sweetcorn/Spaghetti Hoops/French Fries  
Choc Ices (GF)

Crispy Battered Cod or Fish Fingers  
Crispy Battered Cod or Fish Fingers (H)  
Tomato and Onion Tart with Cheddar Topping (V)  
Jacket Potato with Cheese or Tuna (GF)  
Sweetcorn/Baked Beans/French Fries  
Flapjack

Salad Bar, Cheese and Crackers, Yogurts and Fresh Fruit available Everyday

Green V = Vegetarian

GF = Gluten Free

H = Halal